



job application pack

UK year of
service

IN PARTNERSHIP
WITH **LVCE**

stronger · healthier · more active communities

VISION

Our vision is clear and ambitious:
Stronger, Healthier, More Active
Communities

MISSION

To work with Fleetwood Town Football Club
and our key partners to inspire, empower,
and help individuals and communities to
improve their physical health and
mental wellbeing

VALUES

Trust- We will always be open , honest, transparent and reliable.

Commitment- We are steadfast in our dedication to our community,
partners, and participants.

Inclusivity- We will always strive to provide a platform of
opportunity for all.

Teamwork- We will always support each other, and foster lasting
two-way relationships.

Inspiration- We will provide leadership, hope and opportunity
through innovation.

Job Vacancy

Health & Wellbeing Coach

Job Title: Health & Wellbeing Coach

Location: Poolfoot Farm Sports Complex, Butts Road, Thornton Cleveleys, FY5 4HX.

Salary: Real Living Wage

Hours of Work: Weekdays, Evenings and occasional Weekends. (Hours determined by the needs of the service)

Reports to: Health & Wellbeing Manager

Contract Status: 35 Hours Per Week (9-month fixed term)

Overview of Company: Fleetwood Town Community Trust (FTCT) is a vibrant and active community project that aims to provide socially inclusive community, health and education engagement programmes which aim to make a difference to the lives of people within our communities.

Purpose of Position:

Due to the growth of the organisation and the Health & Wellbeing department, we are currently recruiting an Adult Health & Wellbeing Coach to support the delivery of adult health and wellbeing sessions across Wyre.

We are looking for an enthusiastic, hardworking, and reliable person to join our team in assisting/ delivering sessions, with a focus on engaging with participants to promote positive lifestyle choices and offer opportunities that tackle health and wellbeing inequalities.

Our current provision covers sports and exercise, community social sessions, mental wellbeing sessions and community support services.

UK Year of Service placements offer paid work that pays back.

By joining this programme, you'll become part of a member network across the country; all working to gain experience, develop skills and deliver a positive social impact.



Core Duties & Responsibilities:

- To work within a team, and assist lead coaches on activities specific to health and wellbeing.
- To help create a positive inclusive environment, showing you can be adaptable, i.e. taking a register of attendees and supporting those in activity.
- To show a willingness to complete on the job training relevant to the role, i.e. safeguarding and first aid. When relevant, to undertake further training, courses and mentoring to enable development within the post.
- To assist with data collection for the sessions, communicating information to the program coordinator.

Person Specification:

Skills and Attitudes:

Skill, experience, or quality	How
A basic understand of numeracy and English language.	Application
A willingness to complete paid for Safeguarding and First Aid Qualifications	Application
Be able to communicate with people	Application & Interview
Positive attitude to work & dedication to making a difference	Interview
A basic knowledge of IT programmes, such as Microsoft Office	Application
Ability to work under own initiative and meet timescales	Interview
Ability to work collaboratively as part of a team	Interview
Patience, empathy, and a genuine interest in working within a community project	Application & Interview
Full UK Driving Licence to be able to attend a variety of venues each day with travel expenses paid.	Application & Interview

Safeguarding Statement:

The Club is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share this commitment.

The Club has systems in place to ensure that the welfare of vulnerable groups is dealt with appropriately and sensitively. Everyone working at the Club has a duty of care to safeguard the welfare of children and young people by creating an environment that protects them from harm. Our standards of practice ensure all staff are fully aware and understand their responsibilities under safeguarding legislation and statutory guidance.

The Club ensures that all staff that have a direct responsibility for children, young people, or vulnerable adults, have been subject to the most stringent of recruitment practices which include DBS and reference checks. These staff are alert to signs of abuse or maltreatment and will refer concerns to the relevant Designated Safeguarding Officers using the agreed safeguarding procedures.

Equality Statement:

Community Trust is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates regardless of sex, race, disability, age, sexual orientation, gender reassignment, religion or belief, marital status, or pregnancy and maternity.

FTFC Community Trust is also committed to the safeguarding of vulnerable groups.



Employee Benefits:

- Staff Wellbeing support available with a RAIS qualified counsellor
- Free car parking
- Overtime opportunities (Assisting on a match day or additional delivery)
- 20 days annual leave plus bank holidays (including staff loyalty scheme to generate additional days.)
- Free access to holiday camp provisions delivered by FTFC CT
- Company pension scheme
- Discounted staff menu at Poolfoot Farm Sports & Leisure Complex
- FTFC Staff Uniform
- Monthly Perkbox rewards
- Quarterly Continuous Professional Development Review
- Annual staff awards evening



General Responsibilities:

Health and Safety

To take reasonable care for the health and safety of oneself, other employees and members of the public who may be affected by your acts or omissions at work

To comply with all aspects of the Fleetwood Town FC Health and Safety Policy and Arrangements, to enable the company to perform its civil and statutory obligations in relation to Health and Safety

Customer Service

Identify and meet the needs of colleagues and our customers, focusing on initiating and welcoming contact and communications whilst striving to deliver first class customer service

Recognise potential complaint situations and make effective steps to avoid and/or resolve these situations

Self-Development

To take responsibility for your own development and to help realise your own potential by undertaking any necessary internal or external training sessions in accordance with the Company's Performance and Development Review Policy

Teamwork

Ensure effective communication within your work team and across the Company whilst actively offering support and guidance as necessary

Employee Relations

To make suggestions to improve the working situation and contribute to positive employee relations within their area of work and Fleetwood Town FC as a whole



General Responsibilities (continued):

Equal Opportunities and Harassment

To cooperate with measures introduced to ensure there is equality of opportunity in employment.

To ensure understanding, awareness and compliance with the Company's Equal Opportunities Policies

To ensure that the working environment is free of sexual and racial harassment and intimidation and any other form of harassment constituting unacceptable behaviour which is personally offensive

This document is a guide only and should not be regarded as exclusive or exhaustive. It is intended as an outline indication of the areas of activity and will be amended in the light of changing needs of the organisation.

All employees may be required to undertake any other duties as may be reasonably requested.

This job description may be subject to revision following discussion with the person appointed and forms part of the contract of employment.



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STRONGER, HEALTHIER, MORE ACTIVE COMMUNITIES

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**community
trust**